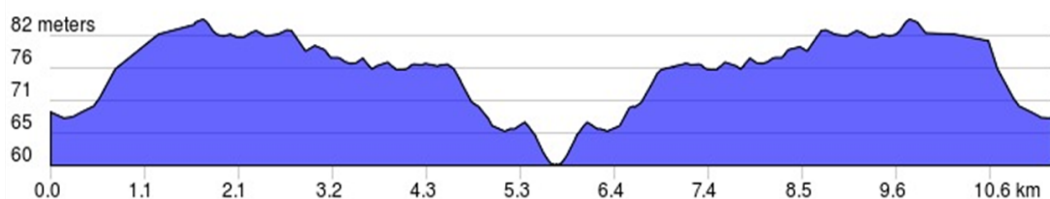


STAGE 4. INDIVIDUAL TIME TRIAL 11KM
WATERFORD ROAD N10 <https://ridewithgps.com/routes/13641317>

Saturday, September 9th 2017

						TIME
Start in reverse rider GC order						
Riders off at one minute intervals						
First rider starts						10:00
Neutral Service is available on the route						
KM		Route				
	To Go	Description	Feature	Junc		Notes
0	11.0	N10	Start			Start
0.3	10.8	N10		JR		
0.3	10.7	N10 (Outrath Ct)		JL		
0.5	10.5	N10		JL		
2.1	9.0	N10		JR		
2.1	8.9	N10		JL		
2.9	8.2	N10		JL		
3.6	7.4	N10		JR		
4.3	6.7	N10		JR		
4.6	6.4	N10		JL		
4.9	6.1	N10		JL		
5.5	5.6	N10 (M9)		RND	4th Exit	Turn
6.1	5.0	N10		JR		
6.4	4.7	N10		JR		
6.7	4.4	N10		JL		
7.4	3.6	N10		JL		
8.1	2.9	N10		JR		
8.9	2.1	N10		JR		
9.0	2.1	N10		JL		
10.5	0.5	N10		JR		
10.7	0.4	N10 (Outrath Ct)		JR		
10.7	0.3	N10		JL		
11.0	0.0	Finish (R448)		Finish Line		Finish, Cemetery Gate

STAGE PROFILE

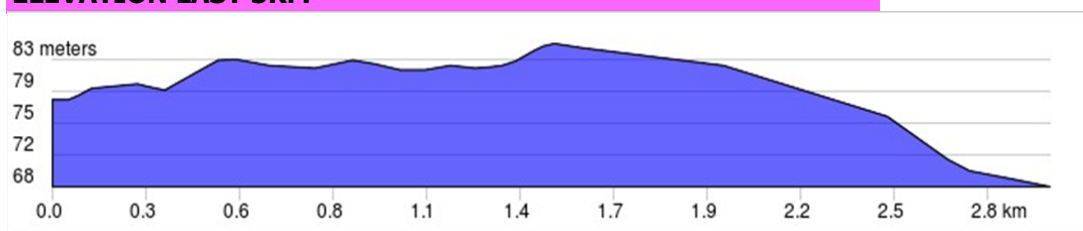


STAGE MAP





ELEVATION LAST 3KM



MAP LAST 3KM

